

September 2020

Voyagers S.M.I.L.E Journey



INTRODUCTION

This half term we have been focusing on getting the children settled safely back into school. We called our mini adventure Smile from the Inside Out.

Class time

The beginning of our journey started with data collection, using outdoor resources to make a pictogram about how the children felt being back in school after being off for so long. We discussed and used the 'feelings wheel' to help the children identify their own feelings.

Art

In all of these sessions the children have been listening to Autumn classical music to create a calm atmosphere.

We then used the 'feelings wheel' to discuss how different feelings could make us think of different colours. The children then chose their own colours to match feelings that they had regularly.

Using this understanding the children began to apply their learning to create a watercolour that would show different emotions.

From this the children began to make a christmas card with Mrs Hunter and they applied their understanding of colour to create different effects that you would see in winter.

The children learned tree names and they began to learn how to sketch the outline of their chosen tree.

The children applied this skill to develop their own card. The outcomes were amazing.

On the last day of this mini adventure we used outdoor learning to make representation of how the children felt at school now. They had amazing ideas: smiley faces to show joy, small dens to show safety, using resources to show a range of feelings.

PHSE

In our journey we chose to read a variety of books that included; The Selfish Giant, The little Book of Hope - The hope-upottamus, The Lost Thing and The Night you were born.

We also watched the Disney film Inside Out.

1. The Selfish Giant

This story focused on the benefits of friendship and what it could bring to your life. We had lots of discussions and spent time reflecting on the imagery within the text.

The children could see that in one picture the giant was in a cage in his garden but they could discuss that this wasn't actually true but it was how the giant felt.

The children discussed that when we were away from school they often felt lonely because they did not get to see all of their friends.

We talked about what it was to be selfish and how that could look to other people.

We talked about the value of friendship and how God was always there as a friend if we ever felt lonely.

The children acted out different scenarios to show how different reactions to our friends could affect them negatively.

2. The Hope-opottomos

This was a short story about not giving up and even when we thought it was impossible to keep trying. This led onto building resilience when we were learning or in any situation. We thought of nice things we could tell ourselves and friends to encourage us all to keep going and never give up.

3. On the Night you were Born

This is a beautiful rhyming book detailing how unique we all are. This led to the children making posters about themselves to show how amazing they were. We then made these unique ingredients into jars in our books. We had a lot of discussion about how we were all different but also similar and that God knew how special we all were.

4. The Lost Thing

This is a story about something being lost. You don't actually get to know what the thing is although we had a lot of suggestions! The different discussions we had about feeling lost and being lost was really super. We talked about who could help us if we ever felt this way. Then rejoiced in the feelings of returning and feeling safe.

5. Inside Out

All through this mini adventure we have been dipping in and out of this film discussing the complexity of feeling and how to deal appropriately with our own feelings. Joy, Sadness, Envy, Disgust and Fear were terms that we talked about in much detail. This was of course linked closely to our art focus.

Activity

Each day the children have completed a variety of Go Noodle movements to keep ourselves fit and focused.

Each afternoon the children have been taking part in Yoga sessions (Autumn themed)

Outdoor Learning

This half term Voyagers have been busy getting the ground ready for winter. We have begun to clear areas for future development and we plan on making a willow dome across the Autumn/Winter.

The children have been learning how to work as a team, listen to instructions and work hard to improve our woodland grounds.

